



QUINTILIAN PS MENU



HOT MEALS

	PENNE BOLOGNESE (Gluten free available) ...	\$5.50
	MACCARONI CHEESE VEG	\$5.50
	CHICKEN BURGER.....Monday only) ..	\$6
	FRIED RICE W BACON & EGGS .(Tuesday only)	\$6
	FRIED RICE VEGETARIAN GF (Tuesday only) ..	\$6
	BEEF STIR FRY NOODLES. .(Wednesday only) ..	\$6
	CHICKEN BAGUETTE (Thursday only).....	\$6
	BEEF MEATBALLS & CHEDDAR ROLL .(Friday)	\$6
	BEEF CHEESEBURGER	\$5.50
	BEEF CHEESEBURGER Gluten Free Bun. . . GF	\$6
	BEEF PIE.....	\$5
	PENNE CARBONARA	\$5.50
	HASH BROWN VEG	\$2
	PIZZA MARGHERITA (slice) VEG	\$4
	PIZZA HAWAIIAN (slice)	\$4.50
	PIZZA MUSHROOMS & BLACK OLIVES (slice) VEG ..	\$4.50
	PIZZA MARGHERITA GLUTEN FREE VEG GF ..	\$5
	TOASTED HAM & CHEESE	\$4
	PLAIN CHEESE TOASTIE VEG	\$4
	BAKED SPRING ROLL	\$3
	BEEF SAUSAGE ROLL	\$4.50
	VEGEMITE AND CHEESE SCROLL	\$3.50
	FOUR CHEESE ARANCINI . (2 PIECES)	\$5.50
	BRAZILIAN CHEESE PUFFS (3 pieces).....	\$5

SWEETS

	DOUBLE CHOC CHIP COOKIE	\$3
	APPLE TART. DAIRY FREE. GF	\$4
	WAFFLE	\$3
	DAILY BAKED MUFFIN	\$3
	APPLE & CINNAMON SCROLL	\$3.50

COLD MEALS

	SANDWICH HAM & CHEESE	\$5
	SANDWICH HAM, CHEESE, LETTUCE & TOMATO	\$5
	SANDWICH WITH CHICKEN, LETTUCE & TOMATO	\$5
	VEGEMITE SANDWICH	\$4
	CHEESE SANDWICH	\$4
	WRAP WITH CHICKEN, LETTUCE, TOMATO, CHEESE & MAYO	\$5.50
	WRAP WITH HUMMUS, LETTUCE, TOMATO, CUCUMBER & VEGAN MAYO VEG	\$5.50
	WRAP WITH HAM, LETTUCE, TOMATO & CHEESE.....	\$5.50
	TUNA & CUCUMBER SUSHI GF	\$6.50
	TERIAKY CHICKEN & CUCUMBER SUSHI . GF	\$6.50
	VEGETARIAN SUSHI VEG GF	\$6.50
	CHICKEN CEASAR SALAD	\$6.50
	FRESH FRUIT CUP	\$3.50
	PRETZEL WITH SALT.....	\$3.5

DRINKS

APPLE JUICE (100% APPLE) 250 ML	\$4
ORANGE JUICE (100% ORANGE) 250ML	\$4
KARMA RAMA (100% ORANGE, MANGO, BANANA, FRUIT PASSION) 250ML	\$4
STRAWBERRY CHILL 300ML.....	\$3.00
CHOC SPLASH 300ML	\$3.00
NATURAL WATER 600ML	\$1.50

GF GLUTEN FREE **VEG** VEGETARIAN
LF LACTOSE FREE **V** VEGAN

ALL OUR PRODUCTS ARE NUT
FREE

PLEASE PLACE YOUR
ORDER BY 8 AM
USING THE SCHOOL
LUNCHES ONLINE
APP

OUR MEALS ARE PREPARED DAILY IN ACCORDANCE WITH THE EALTHY FOOD AND DRINK POLICY AND PROCEDURES. WE PROMOTE AWARENESS OF HEALTHY EATING USING THE TRAFFIC LIGHT SYSTEM.



QUINTILIAN
SCHOOL