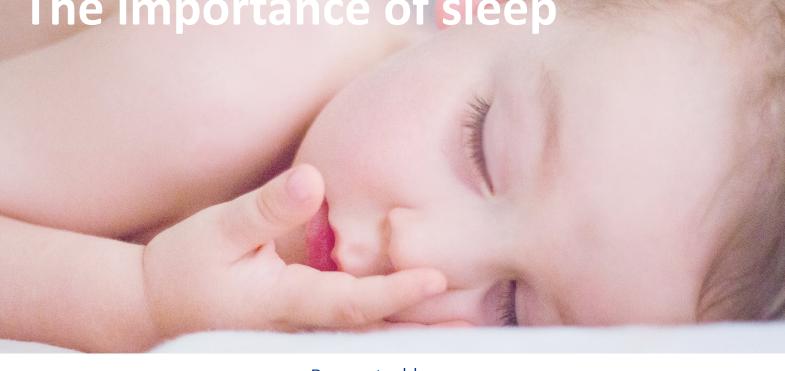


Parent Education Series

Seminar 3 - Ngala 20 November 2018

The importance of sleep



Presented by: Ngala

Tuesday 20 November Date:

Times: 9.30am -10.30am

Presenter: Kim Johnson - Practice Consultant Educator: NGALA

Location: Early Learning Centre, Kindergarten Room.

Quintilian School

46 Quintilian Road MOUNT CLAREMONT

FREE Cost:

Bookings: No bookings required. Bring a friend!



- Why is sleep important
- Parenting Styles
- Sleep architecture
- Developmental appropriate response to sleep management
- Q and A

QUINTILIAN

Parenting with Confidence